



دانشگاه علوم پزشکی اصفهان

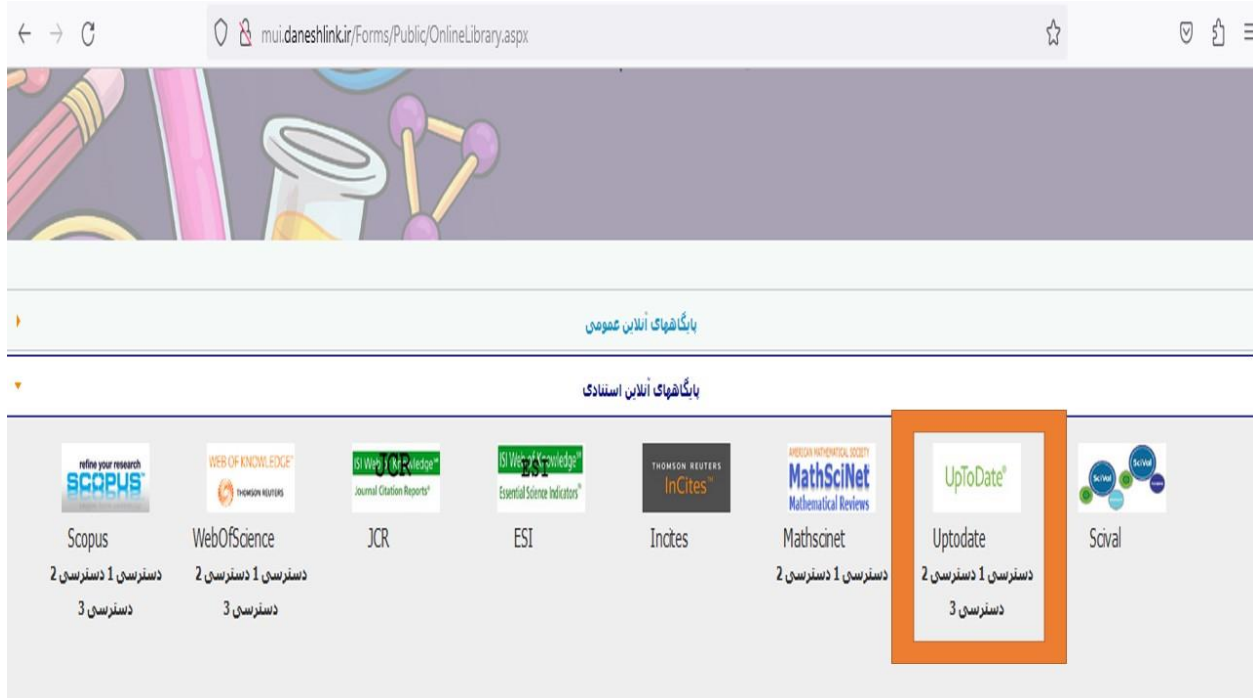
مدیریت اطلاع رسانی پزشکی و منابع علمی

راهنمای آموزشی پایگاه اطلاعاتی UpToDate



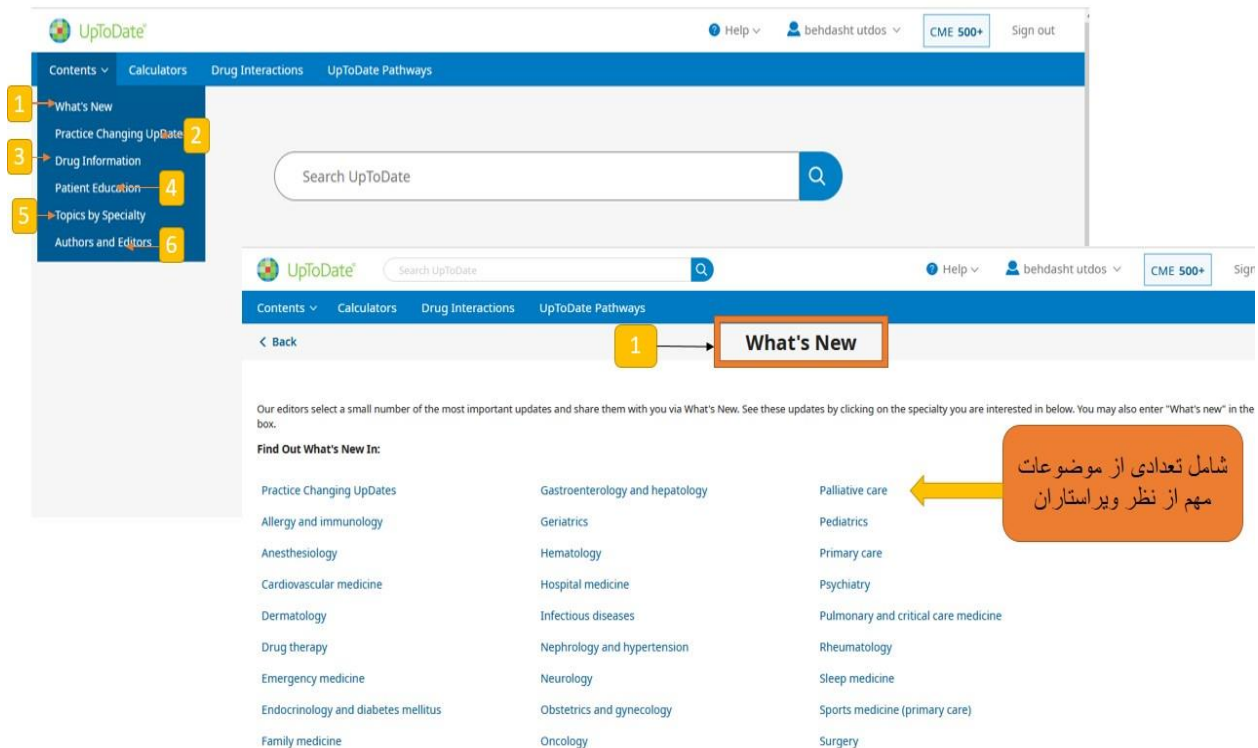
برای دسترسی به این پایگاه اطلاعاتی به سایت کتابخانه دیجیتال دانشگاه علوم پزشکی اصفهان <https://diglib.mui.ac.ir> مراجعه و به دو صورت می‌توان به این پایگاه به طور مستقیم از طریق لوگوی uptodate و از طریق دانش‌لینک (پایگاه آنلاین استنادی) دسترسی داشت.

نحوه دسترسی به پایگاه diglib.mui.ac.ir

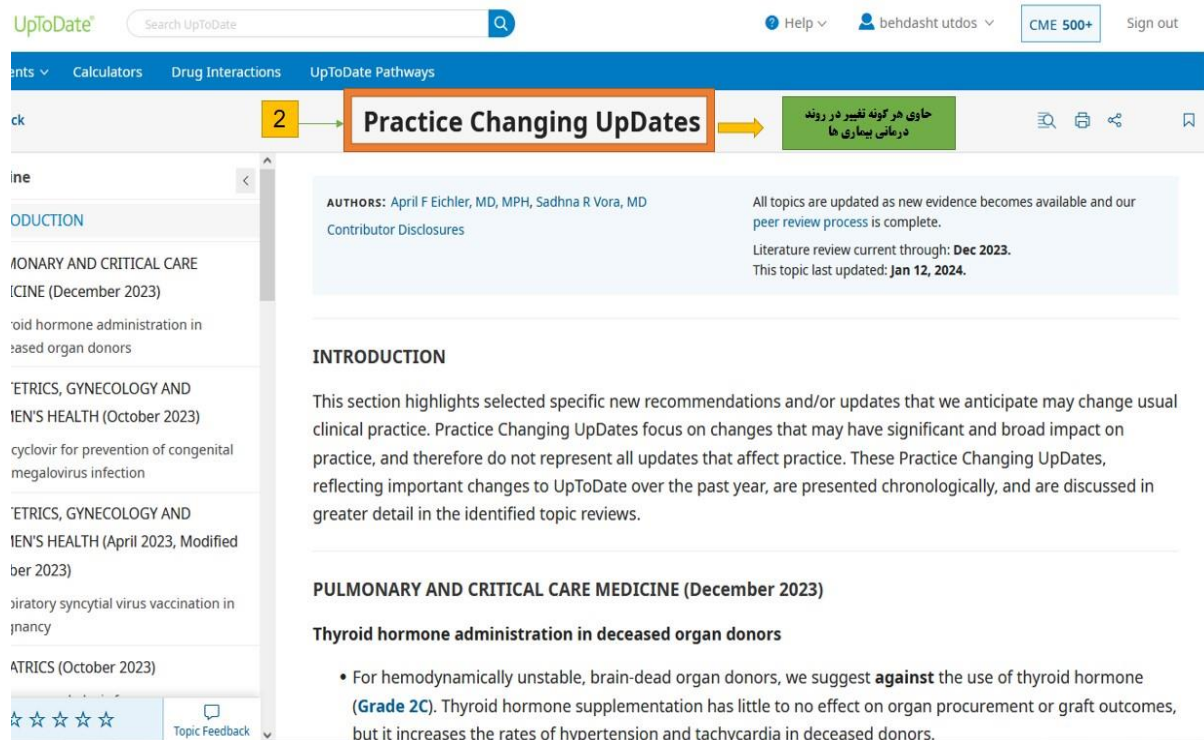


پایگاه UpToDate: یک پایگاه اطلاعات پزشکی است که به عنوان قابل اعتمادترین منبع پاسخ به سوالات پزشکی به شمار می‌آید. این پایگاه اطلاعاتی با استفاده از اطلاعات مبتنی بر شواهد به پزشکان در زمینه نحوه درمان بیماران و بهترین تصمیم‌گیری بالینی یاری می‌رساند. در ارائه روش‌های درمانی UpToDate بیش از ۷۴۰۰ نویسنده و پزشک متخصص در ۲۵ رشته پزشکی (آلرژی و ایمونولوژی، بیهوشی، قلب و عروق، پوست، طب اورژانس (بزرگسالان و کودکان)، غدد، پزشک خانواده و پزشک عمومی، جراحی عمومی، هماتولوژی، بیماری‌های عفونی، زنان، روانپزشکی، ریه، طب سالمندان، طب خواب، نفرولوژی، آنکولوژی، اعصاب، طب تسکینی، کودکان و...) همکاری دارند که نشان از بررسی عمیق و دقیق مطالب ارائه شده در آن است.

The screenshot displays the UpToDate website interface. At the top, there is a navigation bar with the following items: 'UpToDate', 'Calculators', 'Drug Interactions', and 'UpToDate Pathways'. Below this, there are four orange boxes with Persian text: 'محتوا و مضمون' (Content and Summary), 'ماشین حساب پزشکی' (Medical Calculator), 'تداخلات دارویی' (Drug Interactions), and 'تشخیص و درمان بیماری به صورت نمودار' (Diagnosis and Treatment of Disease as a Diagram). A search bar labeled 'Search UpToDate' is positioned below these boxes. In the top right corner, there are links for 'Help', 'behdasht utdos', 'CME 500+', and 'Sign out'. Below the navigation bar, a 'History' panel is visible, showing a list of recent updates and articles, including 'Practice Changing UpDates', 'Patient education: Toothache (The Basics)', 'Hemorrhagic stroke in children', and several articles from 'Yesterday' regarding acute abdominal/pelvic pain in pregnant and postpartum patients.



۱- What's New: حاوی خلاصه ای از مهم ترین یافته‌های جدید بر اساس تخصص از نظر ویراستاران می‌باشد.



۲- Practice changing updates: آخرین تغییرات مربوط به تصمیمات بالینی پزشکی در موضوعات مختلف اطلاعاتی که روی درمان بالینی پزشکی تاثیرگذار بوده است را ارائه می‌دهد.



You receive the entire UpToDate library of specialties with your subscription. Click on a section below to view a detailed list of topics associated with that particular section. If you'd like to see the table of contents for other specialties, click here.

- 1 -> General drug information
- 2 -> International drug information (concise)
- 3 -> Patient drug information
- 4 -> Pediatric drug information
- 5 -> What's new in drug therapy
- 6 -> Patient Education

۳- Drug Information: اطلاعات دارویی به صورت دسته بندی شده می‌باشد.

۱. General drug information: اطلاعات کلی در مورد داروها از جمله گروه فارماکولوژی دارو، نام تجاری دارو، اخطارها، دوز مصرف، وسایر اطلاعات بیان شده است.
۲. International drug information (concise): اطلاعاتی خلاصه در مورد نام تجاری داروها؛ دوز مصرف و گروه دارویی، موارد مصرف و دسترس پذیری و اشکال مختلف دارو بیان شده است.
۳. Patient drug information: اطلاعات دارویی به صورت پرسش و پاسخ برای بیماران بیان شده است.
۴. Pediatric drug information: اطلاعات مخصوص کودکان و این گروه سنی بیان شده است.
۵. What's new in drug therapy: اطلاعات در مورد داروهای جدید تایید شده؛ داروهای حذف شده در بازار و برخی از اخطارهای دارویی بیان شده است.
۶. Patient Education: راهنماهای آموزش به بیمار

UpToDate® Search UpToDate Help behdasht utdos CME 500+

Contents Calculators Drug Interactions UpToDate Pathways

Back 4 Patient Education آموزش به بیمار

اطلاعات عمومی و کلی
UpToDate offers two levels of content for patients:

- The Basics** are short overviews. They are written in accordance with plain language principles and answer the four or five most important questions a person might have about a medical problem.
- Beyond the Basics** are longer, more detailed reviews. They are best for readers who want detailed information and are comfortable with some medical terminology.

Learn more about UpToDate's patient education materials.

اطلاعات جامع و تخصصی تر
In the available patient education topics in UpToDate, click on a category below.

Adult general health	Digestive system	Lung disease
Allergies and asthma	Ear, nose, and throat	Mental health
Anesthesia	Emergency medicine	Nutrition, diet, and weight
Autoimmune disease	Eyes and vision	Pregnancy and childbirth
Blood disorders	Heart and blood vessels	Senior health
Bones, joints, and muscles	Home health	Sexual and reproductive health
Brain and nerves	Hormones	Skin, hair, and nails
Cancer	Infections and vaccines	Sleep
Children's health	Kidneys and urinary system	Surgery
Dental health	Laboratory and diagnostic tests	

۴- Patient Education : آموزش به بیمار را در دو سطح (اطلاعات عمومی و کلی) و (اطلاعات جامع و تخصصی تر) جهت پاسخگویی به نیازهای اطلاعاتی مختلف بیماران فراهم می کند.

UpToDate® Search UpToDate Help behdasht utdos

Contents Calculators Drug Interactions UpToDate Pathways

Back 5 Topics by Specialty

You have access to the entire UpToDate® library of specialties with your subscription. Click on one of the specialties below to see sections associated with each.

Allergy and Immunology	Geriatrics	Pediatrics
Anesthesiology	Hematology	Primary Care (Adult)
Cardiovascular Medicine	Hospital Medicine	Primary Care Sports Medicine (Adolescents and Adults)
Dermatology	Infectious Diseases	Psychiatry
Emergency Medicine (Adult and Pediatric)	Nephrology and Hypertension	Pulmonary and Critical Care Medicine
Endocrinology and Diabetes	Neurology	Rheumatology
Family Medicine and General Practice	Obstetrics, Gynecology and Women's Health	Sleep Medicine
Gastroenterology and Hepatology	Oncology	
General Surgery	Palliative Care	

25 حوزه موضوعی پزشکی

۵- Topics by specialty : مقالات پایگاه در ۲۵ حوزه موضوعی پزشکی دسته بندی شده است.

- | | | |
|--|---|---|
| Allergy and Immunology | General Surgery | Patient Education |
| Anesthesiology | Geriatrics | Pediatrics |
| Calculators | Hematology | Primary Care (Adult) |
| Cardiovascular Medicine | Hospital Medicine | Primary Care Sports Medicine (Adolescents and Adults) |
| Dermatology | Infectious Diseases | Psychiatry |
| Drug Information | Nephrology and Hypertension | Pulmonary and Critical Care Medicine |
| Emergency Medicine (Adult and Pediatric) | Neurology | Rheumatology |
| Endocrinology and Diabetes | Obstetrics, Gynecology and Women's Health | Sleep Medicine |
| Family Medicine and General Practice | Oncology | |
| Gastroenterology and Hepatology | Palliative Care | |

6- Authors and Editors: اطلاعات نویسندگان و ویراستاران موضوعات و رشته های تخصصی را شامل می شود.

The screenshot shows the UptoDate interface. At the top, there are navigation tabs: Contents, **Calculators**, Drug Interactions, and UptoDate Pathways. Below the tabs, there is a search bar and a list of calculators categorized by specialty. A yellow box highlights the 'View By Specialty' button and the list of specialties. A red box highlights the 'Albumin-bilirubin (ALBI) grade estimate of survival of adults with hepatocellular carcinoma (conventional and SI units)' calculator. A red arrow points from this calculator to a detailed view of the calculator. In the detailed view, there are input fields for Bilirubin (in micromol/L) and Albumin (in g/L). A red box highlights these input fields with the text 'وارد کردن مقادیر عربونه'. Below the input fields, there is a 'Result' section showing the 'ALBI score' and 'Decimal precision' (set to 2). A 'Reset form' button is also visible.

UpToDate | Help | behdasht utdos | CME 500+ | Sign out

Contents | Calculators | Drug Interactions | UpToDate Pathways

< Back | **Calculator: Body mass index (BMI) for adults (Metric, Patient education)** | ⌕ | 📌

BMI is used to categorize people as underweight, normal weight, or overweight. It measures your weight in relation to your height.

Enter height and weight

وارد کردن مقادیر قد و وزن

1 → Height cm

2 → Weight kg

Results

Important: Inputs must be complete to perform calculation.

BMI

Reset form

۲- Calculators : ماشین حساب پزشکی یک ارزیاب و محاسبه‌گر خودکار است که با توجه به موضوع مورد جستجو، شاخص‌های مرتبط را محاسبه و نتایج را به طور دقیق ارائه می‌کند. این بخش شامل برخی جداول محاسباتی است که کاربران UpToDate را از محاسبه دستی شاخص‌ها بی‌نیاز می‌سازد.

در ماشین حساب پزشکی جستجوی دارو به دو صورت الفبایی و خاص صورت می‌گیرد. برای مثال به دست آوردن شاخص (توده بدنی) BMI مقدار قد و وزن را وارد می‌کنیم و نتیجه قابل مشاهده می‌باشد.

- ۳- Drug Interactions:** در این قسمت تحلیل تداخلات دارویی بیان شده است. ابتدا نام تجاری دارو را تایپ کرده و سپس گزینه **Analyze** را انتخاب کرده و سپس نتیجه مورد بررسی شده قابل مشاهده است. میزان تداخل داروها با حروف نشان داده می‌شود.
- A:** نشان دهنده عدم تداخل بین دو دارو است.
- B:** نمایانگر امکان وجود واکنش بین دو دارو است اما نیازی به تغییر یکی از داروها نمی‌باشد.
- C:** بیانگر نیاز به دخالت در دوز مصرفی بیمار هنگام مصرف دو دارو است. با توجه به وضعیت بیمار و فواید مصرف زمان دو دارو در تعداد اندکی از بیماران و برای کاهش میزان عوارض باید در دوز مصرفی یک یا هر دو دارو هماهنگی برقرار شود.
- D:** نشان می‌دهد که دو دارو تداخل دارویی دارند. به گونه‌ای که با توجه به وضعیت بیمار، میزان فواید مصرف همزمان دو دارو و خطرات ناشی از آن مورد ارزیابی قرار گیرد و نیاز به مشاهده دقیق وضعیت بیمار به هنگام مصرف، تغییر در دوز داروها با توجه به شواهد بالینی بیمار و جایگزینی داروهای معادل می‌باشد.
- X:** بیانگر وجود تداخل بین دو دارو است. در این شرایط میزان خطر ناشی از مصرف همزمان دو دارو بیشتر از فواید آن است و نباید دو دارو را با یکدیگر برای بیمار تجویز کرد.

UpToDate Pathways

4

Hyponatremia: Evaluation in adults

Click and drag to reposition algorithm

100%

Pathway scope, required tests, warnings, and exclusions

Hyperglycemia present?

Yes

Correct sodium for hyperglycemia. Hyponatremia still present?

Yes

Irrigation with non-electrolyte solution (eg, TURP/hysteroscopy)?

Yes

Measure serum osmolality

No

Hypertonic hyponatremia due to hyperglycemia

No

Did patient receive mannitol or IVIG?

No

Measure serum osmolality

No

Irrigation with non-electrolyte solution (eg, TURP [transurethral resection of the prostate]/hysteroscopy)?

Yes

Measure serum osmolality

No

Did patient receive mannitol or IVIG (intravenous immune globulin)?

Yes

Measure serum osmolality

No

Suspect pseudohyponatrem

Editors Abbreviations Related Content Other Pathway

Is this UpToDate Pathway appropriate for this patient?

Yes

No

Does the patient have hyperglycemia (ie, glucose ≥ 125 mg/dL [6.94 mmol/L])?

Yes

No

What is the patient's serum sodium?

Sodium (mEq/L; please enter a value between 80 to 134 mEq/L).

89

What is the patient's serum glucose?

Glucose (mg/dL; please enter a value between 125 mg/dL and 3000 mg/dL). To convert mmol/L to mg/dL, divide by 0.0555.

199

Corrected serum sodium: 91 mg/dL

۴-Uptodate Pathways: فرایند تشخیص و درمان بیماری با استفاده از پرسش و پاسخ به صورت نمودار نشان داده می‌شود.

جستجوی در پایگاه UpToDate

جستجو در پایگاه UpToDate به صورت ساده می‌باشد و نیازی به عملگرهای بولی نمی‌باشد. در پایگاه UpToDate می‌توان گایدلاین، گرافیک، الگوریتم‌ها و اختصارات را جستجو کرد

← → ↻ <https://ezproxy.usim.edu.my:2119/contents/search> ☆ ⚙

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Contents ▾ Calculators Drug Interactions UpToDate Pathways Register Sign in

covid X 🔍

UptoDate covid جستجو

Contents Calculators Drug Interactions UptoDate Pathways

Back All Adult Pediatric Patient Graphics

Showing results for COVID (Coronavirus disease 2019 caused by SARS-CoV-2 virus)
Search instead: Coronavirus infection

نتایج جستجو

COVID-19: Evaluation of adults with acute illness in the outpatient setting
...Illness it caused coronavirus disease 2019 (COVID-19). The spectrum of COVID-19 in adults ranges from asymptomatic infection to mild respiratory tract symptoms to severe pneumonia with acute respiratory distress ...
Determine eligibility for COVID-19 outpatient treatment
Summary and recommendations
COVID-19-specific therapy for adult outpatients
Comorbidities CDC classifies as risk factors for severe COVID-19

COVID-19: Management in hospitalized adults
... findings may be seen in COVID-19, they cannot reliably distinguish COVID-19 from other causes of viral pneumonia. We do not routinely obtain echocardiograms on patients with COVID-19; developments that might ...
Dexamethasone and other glucocorticoids
Remdesivir

Pathways
Interactive Decision Support

COVID-19: Anticoagulation in adults with COVID-19

Interpretation and follow-up of SARS-CoV-2 antigen testing in community settings^{1,2}

Because antigen tests are generally less sensitive than NAAT, the results are interpreted based on the pre-test probability of COVID-19. This algorithm does not apply to individuals with documented SARS-CoV-2 infection in the prior 3 months; these individuals have a low risk of infection but may have positive NAAT following infection.

SARS-CoV-2: severe acute respiratory syndrome coronavirus 2; COVID-19: coronavirus disease 2019; NAAT: nucleic acid amplification test.

* Symptoms consistent with COVID-19 include fever and/or respiratory tract symptoms (eg, cough, dyspnea, sore throat, rhinorrhea/nasal congestion), as well as smell or taste disturbances, myalgias, headache, and diarrhea. Many individuals

Graphics in this topic

Interpretation and follow-up of SARS-CoV-2 antigen testing in community settings(1,2)

Isolation and precautions for immunocompetent patients with SARS-CoV-2 infection in the community

Indications for and selection of COVID-19-specific therapy for adult outpatients

Diagnostic tests for COVID-19(1,2)

جستجوی ساده: ابتدا در کادر مورد جستجو عبارت مورد نظر را وارد می‌کنیم. در صفحه نتایج با کلیک بر هر یک از عناوین بازیابی شده، جزئیات نتایج را می‌توان مشاهده کرد. نتایج جستجو را به گروه‌های مختلف از قبیل (Adult, patient, pediatric, Graphics) محدود نمائید.

UptoDate covid جستجو

Help behdasht udos CME 500+ Sign out Menu

Back COVID-19: Evaluation of adults with acute illness in the outpatient setting

Topic Graphics (7)

Indications for hospitalization
Non-acutely ill patients

COUNSELING
Infection control and isolation period
Warning symptoms
COVID-19 vaccination after recovery from acute illness

REEVALUATION FOR WORSENING CLINICAL ACUITY
1 جستجو کردن guideline

2 SOCIETY GUIDELINE LINKS

Links to society and government-sponsored guidelines from selected countries and regions around the world are provided separately. (See "Society guideline links: COVID-19 -- Index of guideline topics".)

INFORMATION FOR PATIENTS

UpToDate offers two types of patient education materials, "The Basics" and "Beyond the Basics." The Basics patient education pieces are written in plain language, at the 5th to 6th grade reading level, and they answer the four or five key questions a patient might have about a given condition. These articles are best for patients who want a general overview and who prefer short, easy-to-read materials. Beyond the Basics patient education pieces are longer, more sophisticated, and more detailed. These articles are written at the 10th to 12th grade reading level and are best for patients who want in-depth information and are comfortable with some medical jargon.

Here are the patient education articles that are relevant to this topic. We encourage you to print or e-mail these topics to your patients. (You can also locate patient education articles on a variety of subjects by searching on "patient info" and the keyword(s) of interest.)

- Basics topics (see "Patient education: COVID-19 overview (The Basics)" and "Patient education: COVID-19 and pregnancy (The Basics)" and "Patient education: COVID-19 and children (The Basics)" and "Patient education: Long COVID (The Basics)")

GRAPHICS view all

Uptodate
Contents | Calculators | Drug Interactions | Uptodate Pathways

Back Society guideline links: COVID-19 - Index of guideline topics

Introduction
This topic provides an index to other topics with coronavirus disease 2019 (COVID-19)-related guidelines from public health, government-sponsored, and specialty societies from selected countries and regions around the world.

The recommendations in the following topics may vary from those that appear in Uptodate topic reviews. Readers who are looking for Uptodate topic reviews should use the Uptodate search box to find the relevant content.

Society guideline topics for diagnosis, prevention, and management

- Society guideline links: COVID-19 - General guidelines for diagnostic testing
- Society guideline links: COVID-19 - General guidelines for infection control
- Society guideline links: COVID-19 - General guidelines for pre- and post-exposure prophylaxis
- Society guideline links: COVID-19 - General guidelines for vaccination
- Society guideline links: COVID-19 - General guidelines for management
- Society guideline links: COVID-19 - General guidelines for critical care

Society guideline topics by health care setting

- Society guideline links: COVID-19 - Community and public health settings (including travel)
- Society guideline links: COVID-19 - Health care workers and health care systems

RELATED TOPICS

- Society guideline links: COVID-19 - General guidelines for critical care
- Society guideline links: COVID-19 - General guidelines for management
- Society guideline links: COVID-19 - General guidelines for infection control
- Society guideline links: COVID-19 - General guidelines for diagnostic testing
- Society guideline links: COVID-19 - General guidelines for pre- and post-exposure prophylaxis
- Society guideline links: COVID-19 - General guidelines for vaccination
- Society guideline links: COVID-19 - Community and public health settings (including travel)
- Society guideline links: COVID-19 - Health care workers and health care systems

گاید لاین ها لینک گروه

Uptodate
Contents | Calculators | Drug Interactions | Uptodate Pathways

Back Society guideline links: COVID-19 - General guidelines for critical care

Introduction
This topic includes links to society and government-sponsored guidelines from selected countries and regions around the world. We will update these links periodically, newer versions of some guidelines may be available on each society's website. Some societies may require users to login to access their guidelines.

The recommendations in the following guidelines may vary from those that appear in Uptodate topic reviews. Readers who are looking for Uptodate topic reviews should use the Uptodate search box to find the relevant content.

Critical care for specific patient populations are discussed separately, along with links to related COVID-19 guidelines. (See "Society guideline links: COVID-19 - Index of guideline topics" section on Society guideline topics by medical specialty.)

International

- World Health Organization (WHO). Intensive guidance for the critical care of severe acute respiratory infections - Tool kit, update (2020)
- European Life Support Organization (ELSO). ELSO for COVID-19 - Updated guideline (2021)
- COVID-19 PICO: guidelines for high- and/low-resource settings (2020)
- International Society on Thrombosis and Haemostasis (ISTH). Clinical guidance on the diagnosis, prevention, and treatment of venous thromboembolism in hospitalized patients with COVID-19 (2020)

RELATED TOPICS

- Society guideline links: COVID-19 - Index of guideline topics

گاید لاین مورد نظر به صورت دسته بندی منتشر می شود

جستجوی گایدلاین (guideline): در قسمت topic سمت راست لینک گروه گایدلاین را پیدا کرده و سپس کلیک می کنیم در سمت چپ گروه لینک موضوع مورد نظر را بازایی می کند. نتیجه بازایی چندین گروه لینک گایدلاین قابل مشاهده می باشد. گاید لاین مورد نظر به صورت دسته بندی شده در مکانهای متفاوت منتشر می شود.

Uptodate
Contents | Calculators | Drug Interactions | Uptodate Pathways

Back All Adult Pediatric Patient Graphics

Showing results for ESRD (End-stage kidney disease) Search instead: esrd

Overview of the management of chronic kidney disease in adults
...and mineral and bone disorders (MBDs). The onset of ESRD results in a constellation of signs and symptoms referred to as uremia. Manifestations of uremia include anorexia, nausea, vomiting, pericarditis, ...

Treatment of complications of end-stage kidney disease:
Blood pressure control
Summary and recommendations:
CKD classification based upon GFR and albuminuria
Relative risks of major complications of CKD

Alternative kidney replacement therapies in end-stage kidney disease
...retained in kidney failure, 146 were designated as uremic toxins by the European Uremic Toxin Work Group. Although the mode of classification of uremic toxins is evolving, we will follow the molecular ...
Summary and recommendations.

Showing results for ESRD (End-stage kidney disease) Search instead: esrd

Uptodate
Contents | Calculators | Drug Interactions | Uptodate Pathways

Back All Adult Pediatric Patient Graphics

Showing results for ESRD (End-stage kidney disease) Search instead: esrd

Relative risks of major complications in chronic kidney disease based upon categorical meta-analysis

Export to Powerpoint

Marking of adjusted relative risk

- Rank numbers 0-9
- Rank numbers 0-14
- Rank numbers 0-23
- Rank numbers 22-24

Abbreviations used in the tables for meta-analysis are: RR, relative risk; CI, confidence interval; N, number of patients; P, p-value; I², heterogeneity; N/A, not available.

Cardiovascular mortality

Study	RR	95% CI	95% CI	95% CI	95% CI
ALL	1.0	1.0	1.0	1.0	1.0
CKD 1-2	1.5	1.2	1.8	1.2	2.0
CKD 3-4	2.5	1.8	3.5	1.8	4.5
CKD 5	4.5	3.0	7.0	3.0	10.0
ESRD	10.0	7.0	15.0	7.0	25.0

Renal failure (ESRD)

Study	RR	95% CI	95% CI	95% CI	95% CI
ALL	1.0	1.0	1.0	1.0	1.0
CKD 1-2	1.5	1.2	1.8	1.2	2.0
CKD 3-4	2.5	1.8	3.5	1.8	4.5
CKD 5	4.5	3.0	7.0	3.0	10.0
ESRD	10.0	7.0	15.0	7.0	25.0

Showing results for ESRD (End-stage kidney disease) Search instead: esrd

جستجوی گرافیکها و الگوریتمها و جستجوی اختصارات (abbreviations): ابتدا در کادر جستجو کلمه اختصار وارد می‌کنیم در قسمت پایین کادر نام کامل بیماری قابل مشاهده می‌باشد. در قسمت گرافیک می‌توانیم گرافیک و پاورپوینت را نیز تهیه کنیم.

کتابخانه مرکز آموزشی درمانی الزهرا (س)

تهیه کننده: اشرف کریمی

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